

# Bicycle Safety

## EYES ON THE ROAD

Being mindful of road conditions and situations will help you stay safe. Ride defensively.

### WATCH OUT FOR:

- > **Intersections and driveways** – take extra caution and pay attention to cross traffic and turning vehicles. Follow traffic signals.
- > **Right hook** – be wary of cars making right turns in front of you.

- > **Door zone** – position yourself far enough from parked cars to avoid suddenly opening doors, even when riding in a bike lane.
- > **Grates, gutters and potholes** – avoid grates that can grab your wheels, gutters that can be full of debris and uneven pavement that can cause a fall.



## SIGNALS – BICYCLES USE THEM, TOO

An important part of being safe on the road is using hand signals. Signaling helps others become aware of your presence and shows your intentions to motorists. Develop a habit of signaling when your direction changes. Hand signals should be used when turning, stopping or changing lanes.



### STOP

Extend your left arm out to the left, parallel to the road and angle your forearm vertically downward.



### RIGHT TURN (TWO OPTIONS)

Extend your left arm parallel to the road and angle your forearm vertically upward or use your right arm extended straight out.



### LEFT TURN

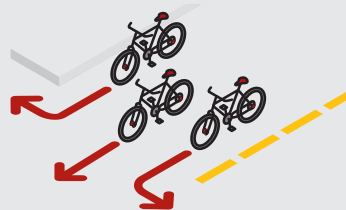
Extend your left arm straight out parallel to the road and in the direction of the turn.

## LANE POSITIONING (CVC 21202)

Lane positioning, particularly at intersections, tells the motorist the direction you intend to go.

### RULE OF THIRDS

- > Left third of the lane to turn left.
- > Middle third of the lane to go straight.
- > Right third of the lane to turn right.



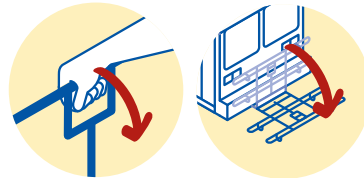
## RULES FOR BIKES ON METRO BUSES

- > While waiting for the bus, remove all loose items from your bike (i.e. bags, lights, water bottles) to take them on board with you. For extra security, lock a wheel to the bike frame before the bus arrives.
- > Wait for the next bus if the rack is full. You may not be able to board if your bike obstructs the operator's view or takes up too much space on the rack.
- > Never try to retrieve something that rolls under the bus.
- > Folding bikes with 20-inch or smaller wheels can be taken on board. Make sure your bike is folded and stored under a rear seat so as not to block aisles and doors.
- > Motorized bikes or bicycles over 55 pounds or six feet long cannot be accommodated on Metro bus bike racks.

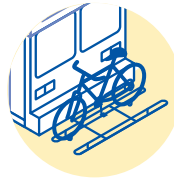
## LOADING METRO BIKE RACKS

You are responsible for loading and unloading your bike. Wait until the bus is fully stopped before approaching. Always load your bike from the sidewalk side and never cross in front of the bus to board or exit.

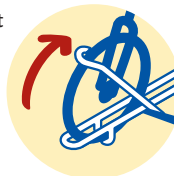
- 1 Squeeze handle to lower the rack.



- 2 Load your bicycle in an empty slot.



- 3 Raise the support arm up and over the front wheel.



- 4 Board the bus and pay your fare. Sit or stand near the front of the bus to watch your bike.

## BIKES & BUSES – BOTH BELONG

Bus operators and people bicycling are both responsible for sharing the road safely. When riding keep out of bus' blind spots to ensure you are seen. Consider these tips when approaching a bus that is:

### IN MOTION

Be alert and let the bus go ahead if it appears to be gaining speed. If you are able to pass a bus, pass on the left. When passing, give yourself enough clearance and always use caution if you need to merge with traffic.

### SLOWING OR TURNING

Buses need to frequently pull over, sometimes crossing a bike lane. Watch for bus signaling and do not pass on the side it is turning towards. You may need to wait for the bus to complete its move before passing.

### STOPPED

Be aware of the bus re-entering the travel lane from a stop. This may involve crossing a bike lane. Wait for the bus to move before you proceed.



## UNLOADING METRO BIKE RACKS

As you near your stop, tell the operator you will be removing your bicycle and use the front door to exit.

- 1 Lift support arm up and off the tire.
- 2 Lift your bicycle out of the rack.
- 3 Squeeze the handle and lift rack to its upright position.

**Caution:** Use bicycle racks on Metro buses at your own risk. Metro is not liable or responsible for loss of or damage to bicycles, or personal injury that may occur as a result of use of the racks. If your bike is left on the rack, please call 323.937.8920.

## SIDEWALK CAUTION

- > Riding on the sidewalk is **NOT** safer than riding on the road.
- > Riding on the sidewalk may be illegal where you live. Check your city ordinance.
- > Drivers pulling in/out of driveways or alleys onto the street are not expecting a cyclist to dart in front of them.
- > Pedestrians have the right of way and may not have great mobility (e.g., the elderly, children and disabled). It is your responsibility to safely and courteously alert them of your presence (i.e. bells or a friendly "hello") and maneuver around them.

## RULES FOR BIKES ON METRO RAIL

- > Always wait for the next train if the train is crowded.
- > Give priority to wheelchair passengers in designated areas.
- > Be courteous to other passengers.
- > Always keep doors and aisles clear.
- > While on the train, always stand with your bike in the designated open area (look for the symbols shown at right).
- > Walk your bike in stations and on platforms, and use elevator or stairs.
- > Folding bikes are encouraged and allowed on board.
- > Electric bicycles are allowed if they are the size of a regular bike and are subject to safety inspection by security personnel.



## ON METRO RAIL:

Fuel powered, three-wheeled, tandem, recumbent and over six-foot-long bicycles, as well as all mopeds and trailers, are not allowed. Failure to obey these rules may result in a citation; ref. PC640(b)(9)(A).

## TAKING BIKES ON METRO RAIL

**Bikes are permitted on Metro Rail trains at all times.**

**If train is full, please wait for the next train.**

### LINE-SPECIFIC RULES:

**Red and Purple Lines**

Look for the designated open area to accommodate bikes and other large items at the end of the car. Enter at doors marked with this symbol:



**Green and Gold Lines**

Enter from the middle of train, doors are marked with the symbol to the left. Please stand with your bike in the designated area, also marked with the symbol to the left.

**Blue and Expo Lines**

Please stand with your bike in an available area at either end of the rail car. **Exception:** Bikes are not permitted in front of the operator's door in the lead car.

## RIDING NEAR RAIL – SAFETY FIRST

Tracks at rail crossings can catch your front wheel and are slippery when wet. The safest way to approach rail crossings is at a 90-degree angle.

- > Walk your bike in all areas of train stations and platforms.
- > Always stop at train crossings and never ride around the security arm.

## BE SEEN – DAY OR NIGHT (CVC 21201)

- The most important part of riding at night is making sure others can see you.
- > State law requires that you have a white front light and a red reflector, or solid or flashing red light with built-in reflector on the rear. Flashing or blinking lights increase your visibility.
- > Wear brightly colored and/or reflective clothing.
- > Attach lights and reflective strips to your bike, helmet, jacket, backpack, etc. to make you even more visible.

## RESPECT THE LAW

- > You have the same rights to the road as motorists; follow the laws (CVC 21200).
- > Ride with traffic, never against it.
- > Obey stop signs and red lights as you would in a car; this means stop and wait your turn.
- > All riders under the age of 18 must wear a helmet (CVC 21212).
- > It is illegal to wear headphones on both ears while you ride (CVC 27400).

# Bike Parking Map

## PLAN YOUR TRIP

### BECOME FAMILIAR WITH THE ROUTE TO YOUR DESTINATION:

- > Use the Metro Bike Map to identify bicycle-friendly networks and transit routes. Online mapping tools can also help.
- > Choose an alternative route if traffic makes you uncomfortable. (Residential streets that parallel major roads may have slower traffic.)

### BE PREPARED:

- > Make sure your bicycle is functioning properly. Carry a spare tube, patch kit, pump and tire levers in case you get a flat.
- > Use Nextrip for live arrival times for bus or train. Go to [metro.net/nextrip](http://metro.net/nextrip), call 511 and say "Nextrip," or text your bus stop intersection to 41444.

## ADDITIONAL INFORMATION

### Emergency/Suspicious Activity?

**Sheriff's Hotline**  
888.950.SAFE (7233)  
323.563.5000

### Forget your bike?

**Metro Lost & Found**  
*It may take up to three days for your bike to arrive at the Lost & Found. Visit [lostandfound.metro.net](http://lostandfound.metro.net) or call 323.937.8920.*

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# Metro Bike Guide



### NEED A BIKE?

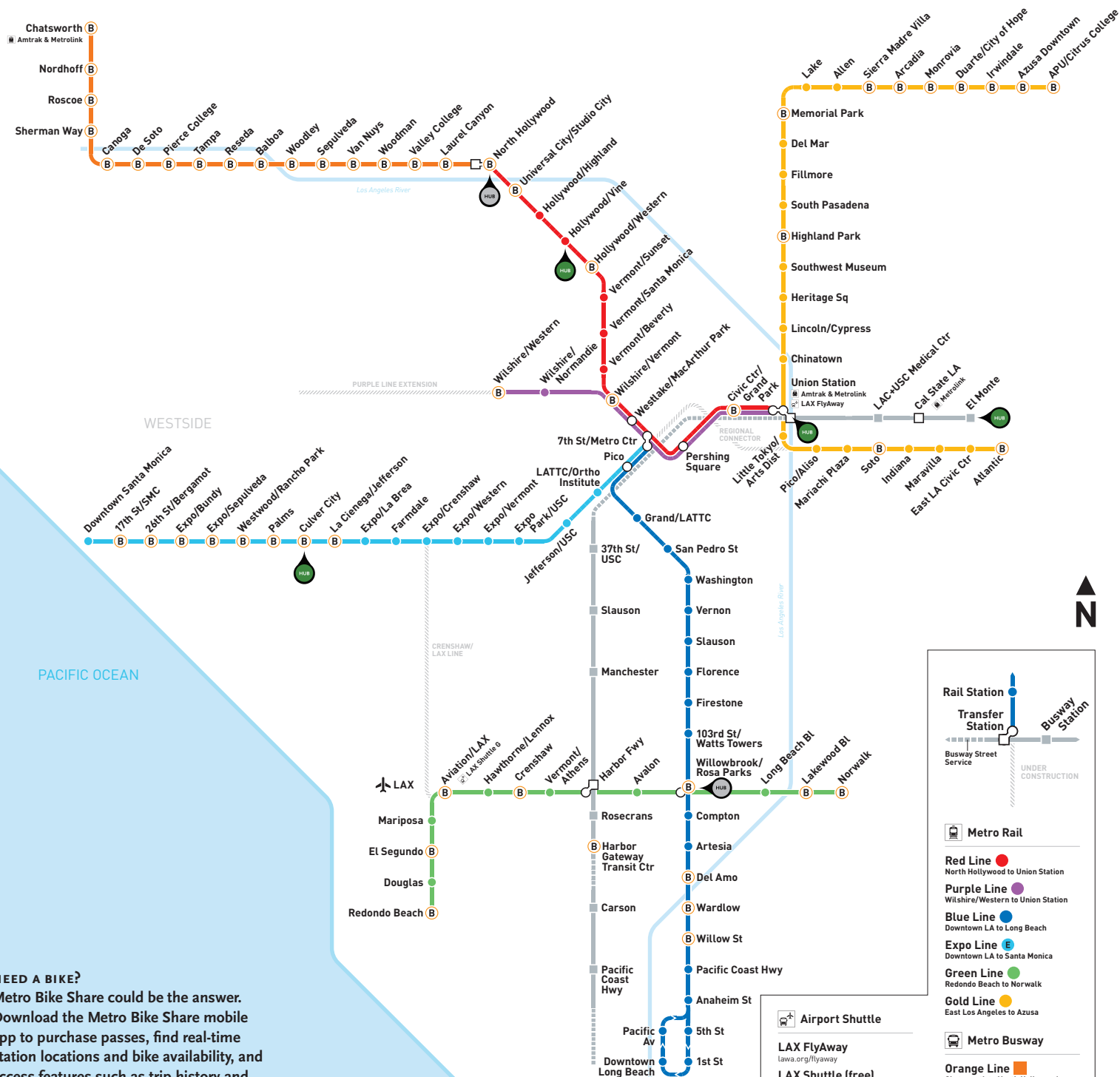
Metro Bike Share could be the answer. Download the Metro Bike Share mobile app to purchase passes, find real-time station locations and bike availability, and access features such as trip history and mobile app check-out.

Or visit [metro.net/bikeshare](http://metro.net/bikeshare) for more info.

### METRO BIKE HUB

Metro Bike Hubs are located at select stations and offer additional security measures for secure bike parking and bike repair services.

Visit [metro.net/bikehub](http://metro.net/bikehub) for more info.



**Airport Shuttle**  
LAX FlyAway [lawa.org/flyaway](http://lawa.org/flyaway)  
LAX Shuttle (free) [lawa.org](http://lawa.org)

**Bike Amenities**

**Bike Lockers** (B)  
[birs.metro.net](http://birs.metro.net)

**Bike Hub** (HUB)  
[metro.net/bikehub](http://metro.net/bikehub)

**Bike Hub FUTURE SITE** (HUB)

**Regional Rail**

**Amtrak**  
[amtrak.com](http://amtrak.com)

**Metrolink**  
[metrolinktrains.com](http://metrolinktrains.com)

FEB 2019 Subject to Change

# Metro Bike Guide



## LOCK IT OR LOSE IT

Metro provides racks at most Metro Rail stations. Lock the frame with a sturdy chain or U-lock and secure the wheels (and other quick-release components). Using two locks is better than one. Do not leave your bike parked and unattended for more than a day. Bikes that appear abandoned (i.e. missing parts or immobilized), or locked to station railings or furnishings, will be subject to removal (LACMTA ADMINISTRATIVE CODE TITLE 6 & 8).

### LOCKING WITH ONE U-LOCK

Remove front wheel and place it next to the back wheel. Make sure to put the U-lock around both wheels, the frame and the rack. This will secure both the frame and the wheels.



### LOCKING WITH TWO LOCKS

Secure the front wheel with a chain lock (do not lock the wheel to the bike only – secure to rack). Use a U-lock to secure both the back wheel and frame to the rack. This prevents removal of the wheel and secures the frame.



Metro is not responsible for stolen or lost bikes.

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